

Local School Wellness Policy Progress Report

School Name: Belle Plaine Community School District

Wellness Policy Contact: Kelly Clark- Dietary, Taryn Colburn- School Nurse

Date Completed: 5/13/2026

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Require all foods provided on campus to meet or exceed Smart Snack Standards	X				
2. Promote fruits, vegetable, whole-grain, low-fat and fat-free dairy products and healthy food that are moderate in sodium, low in saturated fat and have zero trans-fat	X			Serve nutritious meals containing all the USDA meal pattern compenence	
3. Ensure menus will be posted on district website		X		Currently we have just the meal listed	We would like the post to include the nutritional values for the food items

Physical Activity Goals

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Ensure physical activity is not used for or withheld as a punishment	X			PE is not used for punishment or withheld as a punishment. Part of recess maybe used for interventions or reteaching.	
2. Allow adequate recess time at the elementary	X			Currently students 2-6 get 30min/day, K-1 get 30 min x2/day	
3. Provide access to the gym and exercise equipment before and after school		X		In season sports have access to the weight room when teacher/coach is there	

Other School Based Activities Goals

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Promote hydration and access to water for students/staff throughout the day	X			Water bottle filling stations around each building	
2. Discourage students from sharing food or beverages during meals or snack times, given concerns about allergies and dietary needs		X			Communication will be sent to cafeteria monitors to educate them about this goal, could possibly add signage in cafeteria (Longfellow does have a share bin that students can place school food items in if not wanted) This would be more for home brought food/snacks

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Foods and beverages sold individually outside the reimbursable meal programs to students on the school campus will be consistent with Federal regulations for school meal nutrition and Smart Snack Standards			X	We currently do not have a vending machine for the students.	If this is something we do in the future we can look at smart snack items.
2.					

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Class Parties, birthday cupcakes, PBIS options.		X		This is always a challenge to think healthy when rewarding.	Possibly send a letter home to family to encourage a healthy treat and give ideas.
2. No homemade items, but be store bought	X			These will have nutritional content label on them. This will help also with any allergies.	

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Promote student's health by permitting advertising and marketing for only those foods and beverages that are permitted to be sold on school campus, consistent with the District's wellness policy.	X			No food advertising on our school property. We have no food store or vending machines.	
2.					